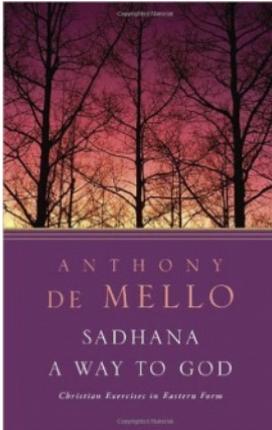


# Exploring Faith: Further Reading

## Christian Exercises in Eastern Form



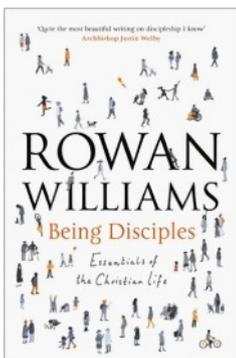
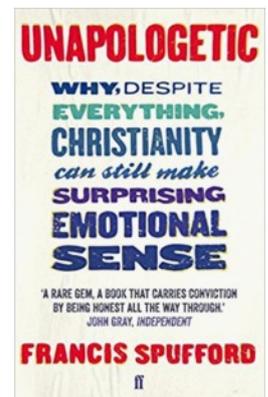
Truly a one-of-a-kind, how-to-do-it book, this small volume responds to a very real hunger for self-awareness and holistic living. It consists of a series of spiritual exercises for entering the contemplative state -- blending psychology, spiritual therapy, and practices from both Eastern and Western traditions.

Anthony de Mello offers here an unparalleled approach to inner peace that brings the whole person to prayer -- body and soul, heart and mind, memory and imagination. In forty-seven exercises that teach things such as awareness of physical sensations, stillness, healing of hurtful memories, and consciousness of self and world, de Mello succeeds in helping all who have ever experienced prayer as difficult, dull, or frustrating. The essential key, he notes, is to journey beyond mere thought-forms and discover satisfying new depths in prayer from the heart. This allows for a greater sense of awareness amid silence, and disposes the one who prays to untold riches, spiritual fulfillment, and ultimately, a mystical experience of God-centeredness. Drawing on Scripture, as well as insights from Eastern and Western spiritual masters, the author has a unique appeal that transcends time, culture, and religious background.

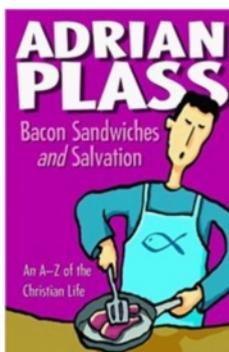
*Unapologetic* is a brief, witty, personal, sharp-tongued defence of Christianity, taking on Dawkins' *The God Delusion* and Christopher Hitchens' *God is Not Great*.

Its argument is that Christianity is recognisable, drawing on the deep and deeply ordinary vocabulary of human feeling, satisfying those who believe by offering a ruthlessly realistic account of the bits of our lives advertising agencies prefer to ignore. It's a book for believers who are fed up with being patronised, for non-believers curious about how faith can possibly work in the twenty-first century, and for anyone who feels there is something indefinably wrong, literalistic, anti-imaginative and intolerant about the way the case for atheism is now being made.

Fresh, provoking and unhampered by niceness, this is the long-awaited riposte to the smug emissaries of New Atheism.



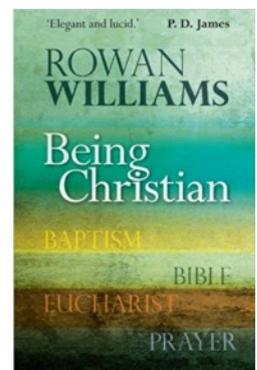
This fresh and inspiring look at the meaning of discipleship covers the essentials of the Christian life, including: faith, hope and love; forgiveness; holiness; social action; life in the Spirit. Written by one of our greatest living theologians, this book will help you to see more clearly, love more dearly and follow more nearly the way of Jesus Christ. Highly accessible, for people of all ages and backgrounds. Designed for use by individuals or groups, with questions for reflection or discussion at the end of each chapter. An ideal gift for anyone near the start of their spiritual journey or wanting to be refreshed and reinvigorated in the Christian life.

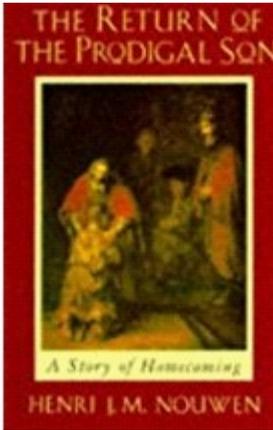


Adrian works through the alphabet, combining one-line definitions with more thoughtful pieces; a laugh-out-loud book on Christians and Christian culture. What are the two most important things in the universe? Bacon sandwiches and salvation, according to Adrian Plass

Full of sensitive pastoral advice and shot through with arresting and illuminating theological insights, Rowan Williams' new book explores the meaning and practice of four essential components of the Christian life: baptism, Bible, Eucharist and prayer.

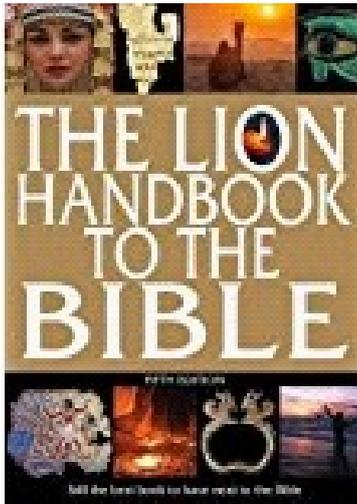
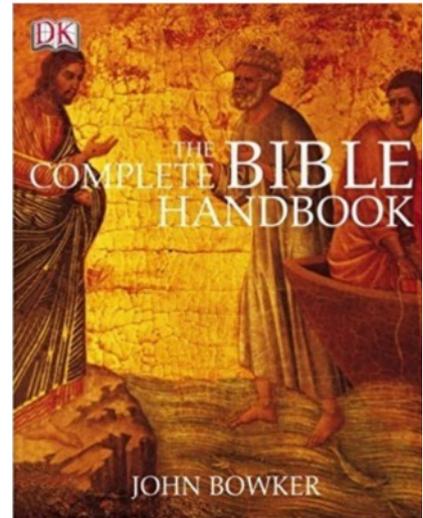
This book is an invitation to everyone to think through the essentials of the faith and how to live it, making it an ideal gift for anyone at the start of their spiritual journey or thinking about confirmation.





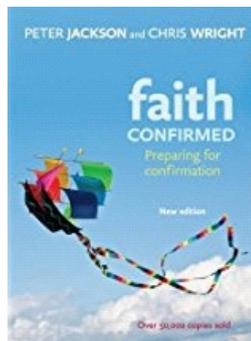
A chance encounter with a reproduction of Rembrandt's *The Return of the Prodigal Son* catapulted Henri Nouwen on a long spiritual adventure. Here he shares the deeply personal and resonant meditation that led him to discover the place within which God has chosen to dwell. He probes the several movements of the parable: the younger son's return, the father's restoration of sonship, the elder son's vengefulness, and the father's compassion.

Why did Jonah live in a whale? And how did Jesus turn the water into wine at the wedding in Cana? From Genesis to Revelation, this accessible companion explores and explains the most important stories of the Bible. Classical works of art and archaeological sites reveal fascinating details about life in biblical times including festivals, fashions and customs.



The *Lion Handbook to the Bible* was first published in 1973 and has been continuously in print ever since, selling over 3 million copies worldwide. This fascinating guide to the book that has intrigued and inspired millions of people for thousands of years comprises an authoritative yet accessible commentary on the Bible, book by book and chapter by chapter, alongside over 100 articles by leading scholars around the world on areas of special interest. Beautifully illustrated throughout with more than 600 photographs, maps and illustrations, the Handbook is a pleasure to browse and read, and a mine of information and insight about this crucially important book. For this new edition, the images throughout have been re-researched and refreshed.

Faith Confirmed is an introduction to what Anglican Christians believe. It is written for those preparing for confirmation in the Anglican Church and for all those who want to know more about the essentials of the Christian faith. This revised edition has been completely updated for the twenty-first century.



Confirmation Book for Adults is a confirmation course to use with adults, designed to cover a range of learning styles. The content covers the traditional ground of such courses, beginning from the questions adult confirmation candidates bring to faith development. It is organised around 10 sessions, though these can be used flexibly, and contain different ways to reflect on the material, including discussion and activities.